

# Working From Home: The Good, The Bad AND HOW THE CLOUD CAN HELP

Working from home – and for yourself – sounds like a breeze, right? Not quite. Just ask the 4.2 million Americans that are home-based small business owners!\*

While wearing your slippers to work has its perks, about half of them say that working for yourself is actually more stressful than working for someone else.

Below, we've broken down the major challenges home-based small business owners face and how cloud business tools can help alleviate some all-too-common problems.

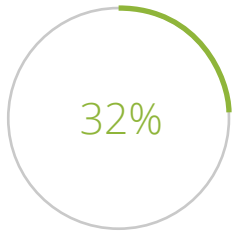
## THE WORK-LIFE BALANCING ACT



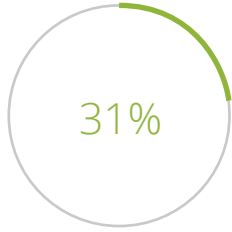
**56%** admit to skipping personal commitments (happy hour, child's recital, workout) to finish up work projects

## CAN CAUSE ISSUES WITH LOVED ONES

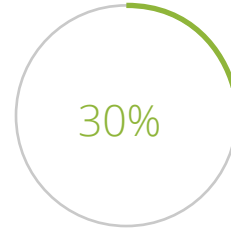
Most common arguments between home-based small business owners and their significant others are...



Work files and documents are cluttering up other parts of the house



Late hours take time away from the family



Inability to separate personal life from professional life

## 8 OUT OF 10

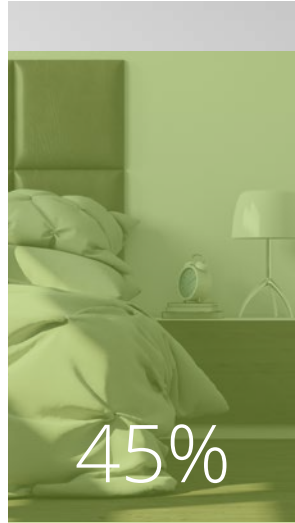
Home-based small business owners have a place in their home to "hide" and get work done



15%



12%



45%

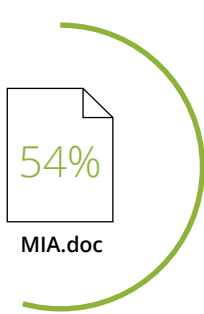


16%



13%

## YOU'RE YOUR OWN TECH SUPPORT



MIA.doc

Have missed a business opportunity or had to redo a project because of a lost or deleted file



pants\_on\_fire.ppt

Have told a white lie to someone they do business with after a technical glitch



this\_was\_a\_work.doc

Of parents have experienced data loss because someone in their home used their work computer



lost.mov

Of respondents think it's likely they will experience data loss in the future

## CLOUD USERS AGREE

**97%** of home-based small business owners say **USING THE CLOUD BENEFITS THEIR BUSINESS**



**THE EVIDENCE IS CLEAR: THE CLOUD IS BENEFICIAL TO HOME-BASED BUSINESS IN MANY WAYS.**

To learn how cloud-based backup, recovery & business continuity solutions can benefit your home-based business, visit the Carbonite website: [CARBONITE.COM/ONLINE-BUSINESS-BACKUP-PLANS](http://CARBONITE.COM/ONLINE-BUSINESS-BACKUP-PLANS)



\* Home-Based Workers in the United States: 2010. US Census Bureau 2012  
All other data sourced from 2013 survey of home-based small business owners by Wakefield Research for Carbonite